

MEDIA RELEASE – August 12, 2016

Please include in AUG, SEPT calendar listings and announcements



Shakespeare Unchained Presents:

aux.la.more

By Kara Nolte

Sept 9th-13th

IN SHORT: aux.la.more takes us on a journey from Walt Whitman to the Backstreet Boys in a search for connection. Dislocation, unrest, addiction and loss can be overcome by simply being together.

Playing Sept 9th 6:45pm, 10th 2:45pm AND 3:45pm*, 11th 4:30pm, 13th 9:30pm at The False Creek Gym, 1440 W 12th Ave. Tickets \$14 visit vancouverfringe.com (*3:45 show ½ price)

Vancouver, BC –Slow dance with someone, at the Vancouver Fringe.

Shakespeare Unchained presents: aux.la.more- a solo performance by dance artist Kara Nolte which investigates the idea of intimacy and how we show ourselves to others. Using elements of poetry, original text, movement, repetition and transformation as tools, the work leans into nostalgia while sharing joyful moments of personal triumph and struggle. Be prepared for part universal lament and part sensual consolation.

"As the performance concludes, the room sighs with happiness. The work is truly touching to those who see it first-hand. Kara has successfully displayed a piece of herself."

– **Jamee Valin // Artistic Director Valence Movement, Toronto ON 2015**

aux.la.more has been in development for the past two years. It has toured in BC (most recently in Terrace), Calgary, and Edmonton. It now returns home to Vancouver for the Fringe Festival. In its brief half hour, we are taken into Nolte's hilarious, whimsical, poignant take on topics such as identity (examining her relationship to her Filipino heritage), addiction, and karaoke. "The subject matters of addiction, dislocation and attraction between people have emerged most recently, as I have delved more into the text," says Nolte. "It is vulnerable. There isn't any hiding from the audience, which is kind of the point... I have to be succinct and clear, and there are a couple of moments where I think 'I can't believe I am actually going to do that,' But that is why I love it." The piece ends with a surprise that involves an element of risk- and some tenderness.

Kara Nolte and Julia Siedlanowska co-run Shakespeare Unchained, a company which blends dance and theatre based on classical literature. Nolte has a background in dance, having worked with choreographers such as Tara Cheyenne Friedenberg and Judith Marcuse, while Siedlanowska brings her background and experience in theatre to form this collaboration.

Artistic Team: Directed by **Julia Siedlanowska**. Created and Performed by **Kara Nolte**

Details: aux.la.more by Kara Nolte

When: **Sept 9th 6:45pm, 10th 2:45pm AND 3:45pm*, 11th 4:30pm, 13th 9:30pm. (*½ price show)**

Where: False Creek Gym, 1318 Cartwright St, Vancouver, BC V6H 3R8

Tickets: \$14 at vancouverfringe.com

Photo link here: <https://www.dropbox.com/sh/fp1b70b7y6td4rz/AACLqWigNNq1p2IBUFqQ0DtCa?dl=0>

MEDIA CONTACT: Julia Siedlanowska, siedlanowskaj@gmail.com -- 604.616.7381